

Career Exploration Workbook
Gain self awareness regarding interests,
values, skills & abilities
Click here to access the workbook

Career Cruising
Explore your potential academic
opportunities & career possibilities
RRC Career Cruising

Still not sure?
AFTER you complete the
workbook, you can
make a **one-time**
appointment with a
counsellor.
Call 204-632-3966 or
complete the **intake**
form

RRC Program
Have some ideas about
what program you're
interested in, but still
have questions?

Program at another
Institution

Contact institution
directly

**Counselling and
Accessibility Services**
Counsellors assist
individuals with
diagnosed disabilities
regarding program
suitability and academic
accommodations.
Call 204-632-3966 or see
www.rrc.ca/NDCintake
for more information

Recruitment Officers
Recruitment officers
provide general college
information, campus
tours, and tours of
classrooms and
workspaces.
Call 204-632-2115 or
204-632-2402, or see
[www.rrc.ca/
visitwithus](http://www.rrc.ca/visitwithus)

Academic Advisor
Advisors provide info on
specific programs,
program selection, and
entrance requirements.
Call 204-632-2327 or
email advisor@rrc.ca
for more information